

# Domestic Abuse services available during Coronavirus outbreak

## Suffolk

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### **Anglia Care Trust Freephone advice line for victims: 0800 9775690**

For professionals call 01473 618660 or email [admin@angliacaretrust.org.uk](mailto:admin@angliacaretrust.org.uk)

[www.angliacaretrust.org.uk](http://www.angliacaretrust.org.uk)

Open as normal for referrals although staff are working from home so telephone and video messaging support being offered

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### **Leeway Domestic Abuse Service - Independent Domestic Violence Advisor (IDVA) Service**

Continue to support high risk clients with telephone support.

Please contact Duty IDVA on 07912 789 145 for any enquiries that are IDVA related.

Leeway also have Safety Net Plus who also continue to provide support to migrant victims of domestic abuse and access to immigration advice. This is also being completed remotely.

0300 561 0077 / website: [www.leewaysupport.org](http://www.leewaysupport.org)

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### **Norfolk and Suffolk Victim Care: 0300 303 3706**

Email: [nsvictimcare@victimsupport.org.uk](mailto:nsvictimcare@victimsupport.org.uk)

<https://www.nsvictimcare.org/contact-us/>

Open as normal for referrals and providing telephone support

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### **Lighthouse Women's Aid: 01473 228270**

[www.lighthousewa.org.uk](http://www.lighthousewa.org.uk)

Referrals for refuge currently suspended in order to provide a safe service for residents

Telephone support being provided, centre closed.

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### **The Liberty Project, Lowestoft: 0845 467 1420**

Referrals for refuge currently suspended in order to provide a safe service for residents

Telephone support being provided

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**Bury St Edmunds Women's Aid Centre: 01284 753085**

[www.burystedmundswomensaid.org.uk](http://www.burystedmundswomensaid.org.uk)

Instant messaging available via website 10am-12pm

Refuge full and referrals currently suspended in order to provide a safe service for residents

Telephone and video support being provided, helpline open, centre closed.

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**Alumah: 07770 468698**

[www.alumah.co.uk](http://www.alumah.co.uk)

Will arrange a call back, whatsapp or video link

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**Compassion: 07597 337831**

[www.compass-ion.org](http://www.compass-ion.org)

[michelle@compassion.org](mailto:michelle@compassion.org)

Referrals by email only. Telephone, email and text support to clients. Freedom programmes suspended.

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**Waveney domestic violence and abuse forum: 01502 572143 or 07906 245979**

[www.waveneydvforum.org.uk](http://www.waveneydvforum.org.uk)

[info@waveneydvforum.org.uk](mailto:info@waveneydvforum.org.uk)

The Kirkley centre is closed, however, WDVAF are still open, and accepting referrals. Trauma and Abuse therapy is still running – although now via secure video chat. Support, advice and guidance are still available via telephone, text and email only during the current situation.

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**Independent Domestic Violence Advisor (IDVA) Service**

Continue to support high risk clients with telephone support.

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**(Sexual Assault Referral Centre – SARC) The Ferns: 0300 1235058**

[www.theferns-suffolk.org.uk](http://www.theferns-suffolk.org.uk)

[contact@theferns-suffolk.org.uk](mailto:contact@theferns-suffolk.org.uk) or

Duty ISVA telephone 07866 142139 or [isva.theferns@suffolk.pnn.police.uk](mailto:isva.theferns@suffolk.pnn.police.uk)

ISVAs are all working remotely, they will continue with supporting clients via telephone, email, Skype and in the very near future via Zoom.

**Suffolk Rape Crisis – 0800 085 0520**

[www.srchelp.org.uk](http://www.srchelp.org.uk)

[administration@srchelp.org.uk](mailto:administration@srchelp.org.uk)

Open for referrals, telephone support and online counselling being provided.

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**Survivors in Transition – 01473 232499 / 07765 052282**

[www.survivorsintransition.co.uk](http://www.survivorsintransition.co.uk)

[support@survivorsintransition.co.uk](mailto:support@survivorsintransition.co.uk)

Open for referrals, telephone support being provided.

**Fresh Start New Beginnings – 01473 353355**

[www.fsnb.org.uk](http://www.fsnb.org.uk)

Open for referrals, telephone support being provided.

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**P.H.O.E.B.E. Centre**

[www.phoebecentre.org.uk](http://www.phoebecentre.org.uk)

Phone (+44) 01473 231566

We are open by phone 10-2pm weekdays

Specialist advice, information, casework, advocacy support and counselling services to black and ethnic minority women and children.

## **Nationwide**

**National Domestic Violence Helpline: 0808 2000 247**

<http://www.nationaldomesticviolencehelpline.org.uk/>

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## **Women's Aid**

[www.womensaid.org.uk](http://www.womensaid.org.uk)

Webchat available via website

[Helpline@womensaid.org.uk](mailto:Helpline@womensaid.org.uk)

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**GALOP (LBGT): 0800 999 5428**

<http://www.galop.org.uk/>

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**Mankind Initiative (Male Victims): 01823 334244**

<https://www.mankind.org.uk/>

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**Men's Advice Line (Male Victims): 0808 801 0327**

<http://www.mensadviceline.org.uk/>

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**Respect (for abusers): 020 3559 6650**

<http://respect.uk.net/>